GEORGETOWN UNIVERSITY School of Nursing & Health Studies Center for Health Equity– Research, Implementation and Teaching

# Correlating Energy Projects to Environmental and Health Benefits

Reducing Energy Costs in Maryland's Hospitals October 10, 2013

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# Healthcare is the second most energy intensive sector in commercial buildings





# Healthcare Sector

Spends \$8.5 billion on energy each year

Use of conventional energy adds over \$600 million in increased health care costs (e.g., increased asthma, ER visits)

# F ergy health CONSI ncare sector ion by t $\square$





Key benefits of reducing energy consumption in hospitals

- 1. Improved profitability
- 2. Reduced impact of volatile energy costs
- 3. Lower operations and maintenance costs
- 4. Improved environmental performance
- 5. Reduced carbon footprint, greenhouse gases
- 6. Healthier healing and work environment
- 7. Healthier communities (through improved air quality)

Source: U.S. Department of Energy, 2011

Energy Consumption, Emissions, and Climate Change





# Intergovernmental Panel on Climate Change









#### HEALTHCARE RESEARCH COLLABORATIVE



### Scientific Evidence of Health Effects from Coal Use in Energy Generation

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# Health Impacts











# Schematic summary of the impacts of climate change on allergenic plants and pollens



(Beggs)



Energy Impact Calculator: Estimating Health Impacts Energy Impact Calculator

<u>www.eichealth.org</u> Practice Greenhealth

- Allows hospitals to estimate some of health impacts caused by their consumption of energy based on fossil fuels
- EPA data based, peer reviewed

Energy Impact Calculator

Practice Greenhealth

- Projected number of incidents
- Estimates of medical treatment costs
- External costs to society







# Estimated Health Impacts

- Premature deaths
- Chronic bronchitis
- Asthma attacks
- Emergency department visits,
- Work loss days







#### Climate Change and Health: IS THERE A ROLE FOR THE HEALTH CARE SECTOR?

by Laura Anderko, Ph.D., RN Stephanie Chalupka, Ed.D., RN, PHCNS-BC, FAAOHN Brenda M. Afzal, MS, RN



## www.climateandhealthcare.org/



## Global Climate and HEALTH Resource Center



Mitigation of Healthcare Sector's Climate Footprint

# Healthy Hospitals, Healthy Planet, Healthy People



#### HEALTHY HOSPITALS HEALTHY PLANET HEALTHY PEOPLE

Addressing climate change in health care settings

## HEALTHY HOSPITALS, HEALTHY PLANET, HEALTHY PEOPLE

Seven elements of a climate-friendly hospital

- Energy efficiency: Reduce hospital energy consumption and costs through efficiency and conservation measures.
- Green building design: Build hospitals that are responsive to local climate conditions and optimized for reduced energy and resource demands.
- Alternative energy generation: Produce and/or consume clean, renewable energy onsite to ensure reliable and resilient operation.
- **Food**: Provide sustainably grown local food for staff and patients.

- **Transportation**: Use alternative fuels for hospital vehicle fleets; encourage walking and cycling to the facility; promote staff, patient and community use of public transport; site healthcare buildings to minimize the need for staff and patient transportation.
- **Waste**: Reduce, re-use, recycle, compost; employ alternatives to waste incineration.
- Water: Conserve water; avoid bottled water when safe alternatives exist.

http://www.who.int/globalchange/publications/cli matefootprint\_report.pdf

## Emergency Preparedness

Hazard Mitigation

### Hospital Disaster Resilience: Are we ready?

Volunteers form a human chain to carry sandbags in an attempt to protect Mercy Medical Center from the rising flood waters early Friday, June 13, 2008, in southeast Cedar Rapids.



Patients and staff are evacuated from Memorial Medical Center during the Katrina disaster.

http://www.time.com/time/natio n/article/0,8599,1218776,00.ht ml



Photo by: BILL HABER / AP

# Hazard Mitigation Plans

- Emergency Management, public health, and environmental organizations including Federal Emergency Management Agency (FEMA) have been invited by NRDC and RESOLVE to discuss opportunities to collaborate in addressing climate risks in hazard mitigation
- A FEMA Petition: Asking the Agency to Require States to Consider Climate Change Impacts in Hazard Mitigation Plans/Response to Petition

# Health Benefits of the Clean Air Act

# How the Clean Air Act has Improved Health

- In 2010, approx. \$1.3 trillion (9% of GDP) was gained in public health and environmental health benefits for a cost of \$50 billion (.4% of GDP) EPA, 2011
- Reduced pollution led to less illness and less days lost to work, school, and less disability and deaths, reduced hospitalizations and other related medical costs (and increased the size of the economy) Goodstein et al., 2010



# Summary

- Action is needed to reduce carbon emissions & limit the most severe health effects
- Health professionals and hospitals in particular can be powerful leaders in reducing emissions and improving health
- Taking action creates a "winwin" situation: Many mitigation actions will reduce costs and benefit health

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# Thank you!

